

Tour C

Visit to Isola della Cona – Regional Nature Reserve of the Isonzo River mouth

16 April 2026



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Guided visit of the Regional National Reserve of the Isonzo River in Isola della Cona in groups of 25/30 people. The study visit will be held in English with Italian/Slovenian translation provided. In the event of light rain, the visit will be regularly organised, thanks to the availability of numerous covered observation points.

Difficulty and accessibility: easy and suitable for people of all ages. However, it is not accessible to wheelchair users as the path includes few steps to climb and a wooden boardwalk to cross.

Means of transport: The transfer from Grado to Isola della Cona and back is guaranteed.

Distance: 2 km loop trail

Duration: approximately 2 hours

Recommended clothing:

- Comfortable sports or casual clothing suitable for outdoor movement
- Long trousers are preferable as protection against insects and scratchy vegetation along the trails).
- Layered clothing and a windbreaker waterproof jacket are recommended in case of variable weather
- Neutral tones are recommended (green, brown, beige, grey, dark blue, black). Avoid neon or bright colours to facilitate wildlife observation
- **Footwear:** hiking boots or trail shoes (avoid smooth-soled footwear)

To pack in your backpack: Binoculars and insect/mosquito repellent

About the site of the visit

The Isonzo Mouth Regional Nature Reserve was established in 1996 and since the 80s it has been a biodiversity hub. Through nature-based engineering techniques and EU funding, approximately 200 hectares of freshwater marshes, wet grasslands, and reedbeds have been restored and they are maintained also by the grazing of Camargue horses. The area is nowadays home to 323 bird species and over 650 botanical species. Thanks to its position along migratory routes, it is one of Italian best birdwatching sites, awarded with the Green Globe Award in 2010.

For more information:

[Isola della Cona – Riserva naturale regionale della Foce dell'Isonzo](#)

The OSI project POSEIDONE and the study visit

The OSI project POSEIDONE, within the naturalistic area of Isola della Cona, located in the Municipality of Staranzano, financed the purchase and re-naturalization of an agricultural area near the reserve likely to become a wetland. Furthermore, POSEIDONE financed the construction of an observation tower for birdwatching as well as monitoring activities for habitats and local fauna, with a specific focus on bird species.

For further information on [POSEIDONE](#)



Credits: POSEIDONE



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